

Scouting – Education – Self-defence

Scouting

Although the main aim of the movement is to educate the Betarim towards Judaism and Zionism, we make every effort to incorporate as much of the "outside" as possible. Hence, when projects are displayed at a Betar Anniversary, there is always at least one dealing with knots and other scouting activities. At seminars, scouting is always encouraged; at Camps, Chanachim, especially those in the lower groups, are persuaded to make simple gadgets for their tents. Shoe racks and clothes hangers are also produced.

Education

The education in Betar is as we have noted, geared mainly towards instilling a knowledge and appreciation of Jewish History and Culture. Betar believes that as Betarim, Jewish youth, must know who they are and what they stand for. This education is put over in an interesting and enjoyable way.

Since Betar is a Zionist movement, a large portion of the education encompasses a study of Israel, its history, its people and its present problems.

Self-defence

Koho-ukemi!!! A new and exciting group venture in self-defence has been started. This involves Judo and Karate. Not only does self-defence teach breakfalls, hip throws, shoulder drop throws, arm locks and scarf holds (Judo), but it also requires the teaching of balance, co-ordination, alertness, continuity of movement and relaxation.

Salisbury Betar is very fortunate in having an experienced instructor, Mrs. Shultz, for the younger Shichavot. It is not compulsory, and anyone can do it! It is great fun and very stimulating.

Kanaim have begun sessions each week before their Sunday morning meetings. A Bnei-Shevei group is at present being formed and they will receive instruction from the Judo Karate Club. Haganah Atzmit (self-defence)!